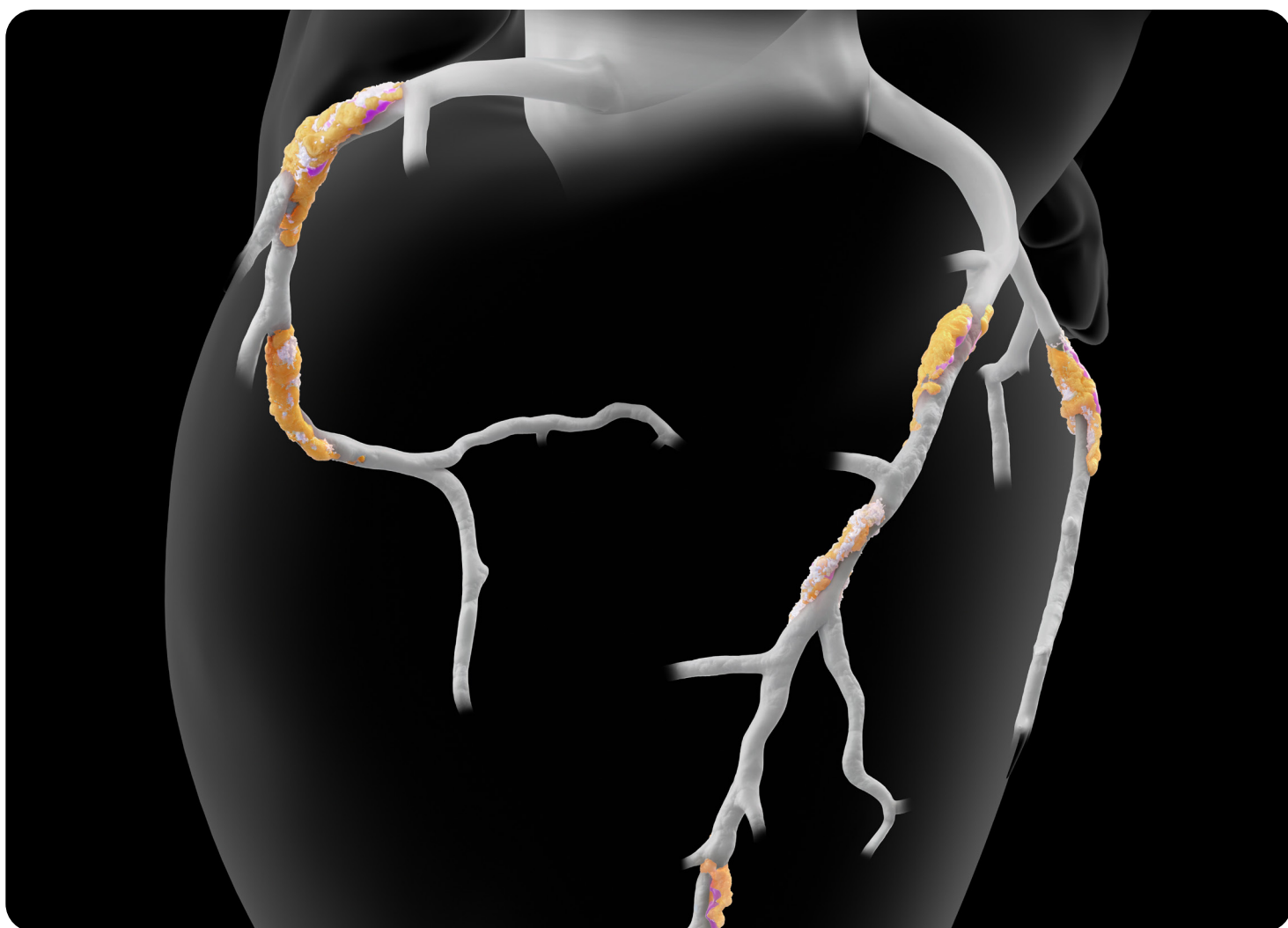


# Heartflow Plaque Analysis: Insights into Heart Disease



\*Representative images for illustrative purposes only.

Take a closer look with  
**Heartflow Plaque Analysis.**



## A Better Way to Understand Heart Health

Coronary Artery Disease (CAD) is the most common type of heart disease and the leading cause of heart attacks.<sup>1,2</sup> It occurs when plaque builds up in the coronary arteries, potentially restricting blood flow to the heart. This can result in chest pain or even lead to a heart attack.

Many people don't realize that plaque buildup can begin in childhood and progress silently for decades.

**A heart attack shouldn't be the first sign of heart disease.**

It's estimated that 80% of heart disease is preventable.<sup>3</sup> But preventing problems later begins with a check-in on heart health now.

## Traditional Risk Measures Miss the Mark for Too Many Patients

Historically, providers have attempted to measure a patient's individual risk of CAD using a variety of risk factors, things like family history, cholesterol, activity levels, and blood pressure, among others. However, these measures are often less effective at assessing risk: 75% of heart attack patients are labeled "low risk" using traditional risk assessments<sup>4</sup>

## With Heartflow's AI-Driven Plaque Analysis, There's a Better Way

Heartflow's Plaque Analysis uses a Coronary CTA (CCTA) to measure plaque in the coronary arteries. A CCTA is a scan that takes detailed images of the heart. It is quick, easy and non-invasive, so no anesthesia or extensive preparation is required.

The CCTA images are processed with Heartflow's Plaque Analysis tool, which generates a personalized, 3D model of your coronary arteries. The Heartflow Plaque Analysis details analyzes the amount, type and location of plaque in your arteries, giving your provider information to guide a personalized treatment plan.<sup>5</sup>

## What is Included in a Heartflow Plaque Analysis

### Total Plaque Volume:

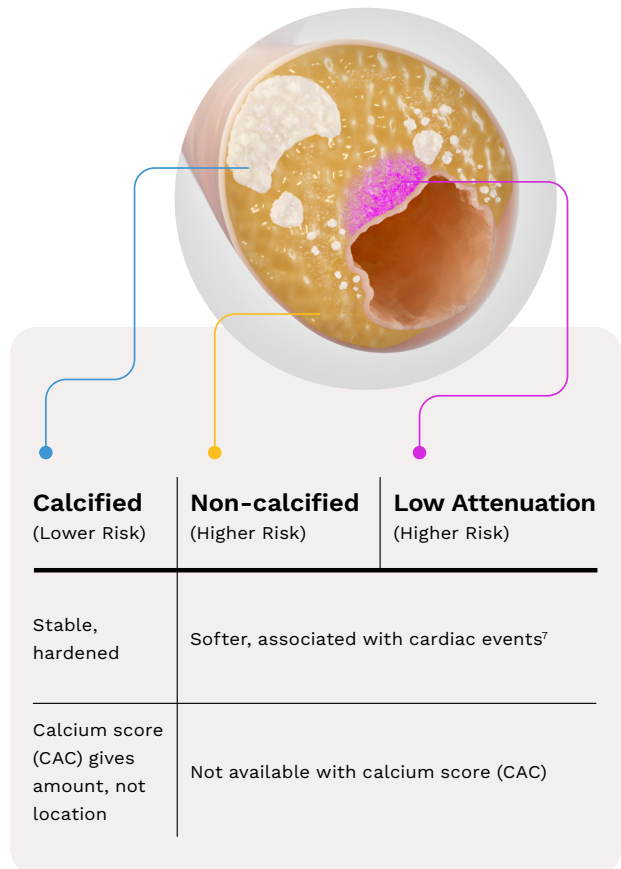
This is the total amount of plaque in the artery walls. High plaque volume can indicate a higher risk for future heart attacks.<sup>6</sup> The report also includes a breakdown of the plaque volume and plaque type within each of your arteries.

### Plaque Types:

Plaque in the arteries is made up of different types of material. Soft plaque has a fragile center that can break open. When this happens, the plaque's contents can spill into the bloodstream and cause a clot to form. If the clot severely narrows or blocks the artery, it can stop blood flow to the heart and lead to a heart attack. Research shows that low-attenuation plaque, a specific type of soft plaque, is considered the highest risk plaque because it has the highest association with cardiac events.<sup>7</sup>

### Stenosis (Narrowing):

As plaque builds up in the arteries, it can make them narrower, reducing the amount of blood reaching the heart. Heartflow's Plaque Analysis helps find these narrow spots so providers can take a closer look if needed.



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